CBD Parent Education Program
Modern Parenting: Tips, Tricks, and Traps

14 September 2009, Sydney
12:30pm to 2:00pm

On the 10th of May, 2009 Rachel Browne reported in the Sydney Morning Herald that: *"ALMOST one in four parents feels 'terrified' or 'overwhelmed' by the challenge of raising children, a study has found. The survey of 500 families found most parents struggled with the daily demands of bringing up their children. Two-thirds of parents reported feeling 'worried, concerned or challenged' about raising children while 24 per cent felt 'terrified or overwhelmed' and 6 per cent felt 'out of control'".*

The Montessori Children's Foundation has invited Dr Steven Hughes to share his insights, experiences and practical advice in raising happy children at a lunchtime lecture in the Sydney CBD especially for working parents.

Dr Hughes will examine the consequences of current trends in parenting behaviour. He will look at ways that parents can help our children be happy, successful with good self-esteem. He will discuss the rule changes over the past generation and look at what works. Dr Hughes will consider whether parents are erring on the side of being too strict or too permissive. He will discuss what we know about each style and what works.

With more than 15 years of clinical practice, Dr Hughes's presentation traces the development of the self-esteem 'movement' and reviews some of the surprising (and relieving) results of research examining modern parenting practices.

He will also share a set of practical recommendations that will show parents how to 'stay out of his clinic', by following sensible, research-proven strategies to raise happy, helpful children with authentic self-esteem.

Marque Lawyers
We gratefully acknowledge the generosity of Marque Lawyers in making the venue available to the Montessori Children's Foundation for its Inaugural CBD Parent Lecture.
marquelawyers.com.au

School Sponsor
This event is proudly sponsored by the Inner Sydney Montessori School
icms.nsw.edu.au

Marque Lawyers
Level 4, 343 George Street
Sydney NSW 2000

Registration Fee: $60 (includes a light lunch)
Numbers are limited so please register early.
Registration closes 11 September 2009.

Enquiries: 02 9555 4338
events@montessori.org.au montessori.org.au

The CBD Series: This occasional series is an initiative of the Montessori Children's Foundation. It has been developed in recognition of the need of working parents to access information, education and insights about their children's development and parenting - during the day.

About the MCF: The Montessori Children's Foundation is the Montessori community's charitable organisation. It was established in 2005 to bring Montessori education to those who have been unable to break a cycle of dependence and who live in poverty in Australia, through no fault of their own.

Steven J. Hughes, PhD, LP, ABPdN is Director of Education and Research for The TOVA Company, and assistant professor of pediatrics and neurology at the University of Minnesota Medical School. Dr Hughes completed his PhD in clinical psychology at the University of Minnesota and his post-doctoral fellowship in pediatric neuropsychology at the University of Minnesota Medical School, where he joined the faculty of the Division of Pediatric Neuropsychology in 2001. He specialises in the neuro-psychological assessment of children and adolescents with a wide range of developmental and medical disorders, and assists in the supervision and training of future neuropsychologists. His research interests include measurement of attention and executive functioning in young children, the effects of living in poverty on child development, and the neurodevelopmental benefits of classical Montessori education.

REGISTRATION: Online at montessori.org.au or fill in and return the form below

Name: _____

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CBD Parent Education Program, 14 September 2009
Cheques payable to the Montessori Children's Foundation. No GST included. ABN: 87 114 666 170

Registration Fee: ☐ $60

I would also like to make a tax deductible donation to the Montessori Children's Foundation:

☐ $25 ☐ $50 ☐ **$100** ☐ **$200** ☐ **$500** ☐ **Other** _____

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Montessori Children's Foundation
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