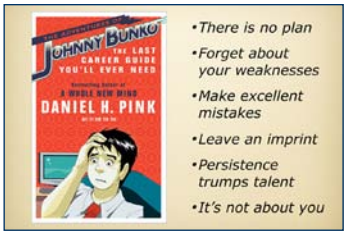
Modern Parenting: Tips, Tricks, and Traps

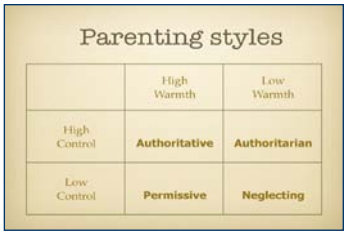
14 September 2009, Sydney

Presentation by Dr Steven Hughes

Intended for all audiences, this talk examines the consequences of current trends in parenting behavior. We all want our children to be happy, successful, and to possess good self-esteem. What are the best ways to achieve these goals? The rules have changed over the past generation. Are parents erring on the side of being too strict or too permissive? What do we know about what works (and is it okay to say "no" to my toddler?).

With the experience born of 15 years of clinical practice, Dr. Hughes's presentation traces the development of the self-esteem "movement" and reviews some of the surprising (and relieving) results of research examining modern parenting practices. He closes with a set of practical recommendations on how to "stay out of his clinic" by following sensible, research-proven strategies to raise happy, helpful children with authentic self-esteem.





Monday, 14 September 2009

7:30pm to 9:30pm

Ku-ring-gai Town Hall
1186 Pacific Hwy, Pymble
(Parking available)

Registration Fee: $40
Includes refreshments.

Enquiries: 02 9555 4338

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Steven J. Hughes, PhD, LP, ABPdN is Director of Education and Research for The TOVA Company, and assistant professor of pediatrics and neurology at the University of Minnesota Medical School. Dr Hughes completed his PhD in clinical psychology at the University of Minnesota and his post-doctoral fellowship in pediatric neuropsychology at the University of Minnesota Medical School, where he joined the faculty of the Division of Pediatric Neuropsychology in 2001. He specialises in the neuro-psychological assessment of children and adolescents with a wide range of developmental and medical disorders, and assists in the supervision and training of future neuropsychologists. His research interests include measurement of attention and executive functioning in young children, the effects of living in poverty on child development, and the neurodevelopmental benefits of classical Montessori education.

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